Prevention
Helps to prevent deficient (or sometimes excess) facial growth, disturbed sleep and crooked teeth, if started early, by restoring airways, balancing facial structural growth, and restoring normal functional patterns.

Facial Growth
The shape of the face affects our appearance, our teeth, and our breathing passages. We influence and change facial growth from the beginning, so children receive health and aesthetic benefits for life.

Health
We just don’t treat the symptoms, we look for the cause of your child’s problems and treat them effectively. Head postures are automatically altered in order to open inadequate airways, this changes entire body postures, in order to maintain balances.

Take a Breath
Establishment of nasal breathing is essential for health. Breathing through your mouth leads to hyperventilation, less oxygen getting to your cells, increased asthma, more allergies and anxiety.

Why Choose Our Office Over Traditional Orthodontics?
A great smile shouldn’t be the only goal for orthodontic treatment. Along with achieving that amazing smile there should also be the understanding that orthodontic treatment can and should be you or your child’s best opportunity for the longest possible, healthy, pain free life. Thoughtful, in-depth analysis of your, or your child’s, anatomy, breathing, physiology, and neurology is the only way to accurately plan for the best treatment options. Straightening teeth and making a beautiful smile is the easy part and is frequently the only thing considered in traditional orthodontic treatment. Skeletal changes that are actually needed are usually not considered in most traditional orthodontic treatment. Conventional orthodontic treatment plans do not account for proper breathing, improvements in posture and in the spine, along with the neurological balance and muscle function that are necessary to ensure whole body wellness and even unimpaired brain function.  

Breathe, Sleep, Live, Smile!

The Goal: Health and proper growth
The Focus: Health
The Outcome: Better breathing, facial form, less pain and straighter teeth